

## **Monthly Awareness Topics**

January –	Cervical Health Awareness Month
February –	American Heart Month / Women: Go Red
March –	Colorectal Cancer Awareness Month
April –	Physical Fitness
May –	National Physical Fitness and Sports Month
May –	National Women Checkup Day May 08
	Mother's day
June –	Men's Health
	Father's Day
August –	National Immunization Awareness Month
September –	National Childhood Obesity Awareness Month
	Fruits & Veggies – More Matters Month
October –	National Breast Cancer Awareness Month
November –	American Diabetes Month
December –	Hypertension and Stroke Awareness and Prevention